



Annual Meeting

November 15, 2023

Welcoming Remarks

Tamaya Hyatt, Santa Ana, NM

What Is So Special About YOU?

Susan Ziemann, MD, PhD, Medical Officer, Division of Geriatrics and Clinical Gerontology, National Institute on Aging

- History of NIA's GEMSSTAR and Clin-STAR Programs
- What is Clin-STAR and how can it help me?
- Future for Specialists in Aging/Geriatric Research

History of GSTAR/CSTAR: Historian

- ▶ **Sue Ziemann, MD, PhD, Medical Officer, Division of Geriatrics and Clinical Gerontology, NIA**
- ▶ **Trained Geriatrics & Cardiology**
- ▶ **2 Division demands**
- ▶ **Paucity of mentors, resources, education**
- ▶ **Ageism, you don't know what you don't know**
- ▶ **Fish out of water – unique issues**
- ▶ **2001 T Franklin Williams Scholar**

History GSTAR: The Need

John A Hartford Foundation-Geriatrics Specialty Integration (GSI)

- ▶ Specialty/Geriatrics Workshops
- ▶ T Franklin Williams Scholars (medical specialties)
- ▶ Dennis Jahnigan Career Dev Award (Surg Specialties, PMR, EM, Neuro, Anesth, Psych)
- ▶ TFW/DJCDA Combined Retreats
 - ▶ Education, Research, Career Development, Networking, Mentoring, Collaboration

History GSTAR: The Need

Institute of Medicine-
2006

- ▶ “Retooling for an Aging America: Building the Health Care Workforce,”
- ▶ Emergent need for additional healthcare personnel to address the medical needs of a growing population of older Americans with complex health problems.

NIA- GEMSSTAR-
2010

- ▶ Grants for Early Medical and Surgical Specialists’ Transition to Aging Research
- ▶ Small Research Project (R03) + Professional Development Plan)
- ▶ Conference (AGS)
 - ▶ Educational theme, mentoring, Career Development, Research, Networking, Collaboration
- ▶ GEMSSTAR Scholars, 38 specialties
 - ▶ Future funding – Beeson
 - ▶ Publications
 - ▶ Mentoring
 - ▶ Staying in Aging

History GSTAR: The Need

- ▶ **GEMSSTAR SCHOLARS (221!!)**
 - ▶ 36 specialties
 - ▶ Success in Future Funding (Beeson, Aging)
 - ▶ Publications
 - ▶ Aging Interest Groups in Professional Societies
 - ▶ Mentoring other Specialists
 - ▶ Engaged with Geriatric Community (AGS)

- ▶ **WHAT NEXT?**

History GSTAR/CSTAR: Filling the Need

Indep Funded
Invest/Leaders in
Aging/Specialties

200+ Beeson Scholars
Aging Research Leaders
(MD, PhD, SW, RN, Etc)

T Franklin Williams &
Jahnigen Scholars
(specialists) MD/DO

178 GEMSSTAR
32 specialties
MD/DO/DDS

MSTAR, Butler-
Williams, F31/32

VIRTUAL PLATFORM

RESEARCH COLLABORATION

NETWORKING

MENTORING & CAREER DVMT

RESEARCH RESOURCES

EDUCATIONAL ADVANCES

Actively Engaged in Research
MD, PhD, SW, Therapists, Rehab,
Nurses, Psychologists

1U24 AG065204-01
(AFAR, PI, Gill)

A National Platform to Advance Transdisciplinary Aging Research



The Clinician-Scientists Transdisciplinary Aging Research (Clin-STAR) Coordinating Center provides a national platform for clinicians focusing their careers on aging research in order to improve patient-centered care for older adults across specialties and disciplines.

[Clin-STAR Coordinating Center](#)

Website: Clin-STAR.org

Twitter: [@ClinSTARCC](https://twitter.com/ClinSTARCC)

▶ What is Clin-STAR?

- ▶ Virtual community of clinically focused researchers to facilitate collaboration, networking, research opportunities, career development, mentoring and consolidate resources. Funded by NIA by 5 year U24. Administrative Supplement- to collaborate with AGS (Rising Star Program) and help to integrate specialty community and AGS Annual Meeting.
- ▶ List-serv informs of opportunities, Database facilitates interactions/searching/ resource sharing/remote mentoring, etc.

▶ Who is for?

- ▶ Clinician researcher focused on bridging specialties and geriatrics – any discipline, any training/career level. NIA-funded free resource.

▶ How does it facilitate transdisciplinary aging research?

- ▶ **“One Stop Shop”** for webinars, funding opportunities, research and career resources. We welcome posting pertinent info from your specialty.
- ▶ **Interactive Opportunities-Offering:** Pilot funding, Office hours for mentoring, Mini-Sabbaticals, Distinguished Professor Program, Webinars on various research topics, Specialty series in JAGS, opportunities to collaborate with leaders in field or access geriatric/aging resources., annual meeting.
- ▶ **Database of aging specialty researchers** – ability to connect with those in various specialties on a specific problem, finding like souls, how to set up a geriatric specialty aging practice, collaborating and extending specialized techniques/tools, multisite clinical trials, specific interest groups, medical/surgical projects, finding a mentor.

▶ What’s in it for YOU (your specialty community)?

- ▶ Please encourage those in your field interested in aging/geriatric research to sign on to the **ListServ** to keep on top of upcoming opportunities (webinars, funding, mentoring, career development, etc)
- ▶ Please encourage those in your field interested in aging/geriatric research to sign into the **database** (5-7 min) which will allow you to interact/search/collaborate, etc with those in the community. You are the GAS which fuels the ClinSTAR initiative.

Initiatives	Outcomes (2020-2023) (2019?)
<u>Database</u>	Searchable platform of clinician-scientists, areas of research, publications (720 accounts; 400 active profiles)
<u>DEIA Initiatives</u>	Transdisciplinary health equity scholar program with virtual and in-person programs (9 scholars), office hours, webinars, inclusive language guide and resources
<u>Interest Groups</u>	Aging Interest Groups: DEIA (15 members), Delirium (12), Exercise/Lifestyle Medicine (29), Frailty (37), Inflammation (22), Perioperative Care (28); activities include works in progress sharing, guest researchers, consultancies, and co-authored group papers and projects
<u>Meetings</u>	Annual in-person meetings with current GEMSTAR scholars, Clin-STAR Pilot Grantees, Travel Awardees, Health Equity Scholars, Clin-STAR Leadership; open virtual offerings of plenary sessions
<u>Office Hours</u>	Mentoring sessions for career development and research with leaders in aging research across disciplines and medical and surgical specialties (64)
<u>Outreach Funds</u>	<u>Mini Sabbatical Support</u> (3), <u>Early Career Lecture Funds</u> (10), <u>Visiting/Distinguished Professor Funds</u> (2)
<u>Pilot Grants</u>	Funding for early career clinician scientists doing transdisciplinary aging research (11)
<u>Publications/Journey Stories</u>	<u>Clin-STAR Corner Series in JAGS</u> (7); <u>Around the EQUATOR with Clin-STAR in JAGS</u> (2); publications based on pilot funding, webinars and initiatives; Journey Stories (24)
<u>Resources</u>	Research, mentoring and career development, and DEIA resources
<u>Webinars</u>	Career development and research webinars (collab with other NIA-Funded Centers)
<u>Website/Monthly Newsletter</u>	Website with ongoing updates of initiatives and activities; Monthly Newsletter listserv (2023)

The Future: Specialists focusing on Aging/Geriatrics Research

- ▶ Ongoing need to educate and attract specialists to improve care of older adults
 - ▶ Professional Society Interest Groups
 - ▶ Plenary Sessions (Distinguished Professor, Visiting Prof, Geriatrics)
- ▶ Transdisciplinary Research Platforms
 - ▶ Research Networks (R61,R33) (NIDUS, GEAR 2.0)
 - ▶ Identify Priorities within Specialty
 - ▶ Special Interest Groups
- ▶ Integrated Guidelines

The Future: Specialists focusing on Aging/Geriatrics Research

- ▶ Underserved, Under-resources Areas
 - ▶ DEIA Scholars
 - ▶ Underrepresented persons
 - ▶ Rural area, non-academic centers, limited geriatrics
- ▶ Take advantage of ClinSTAR meeting to find those with similar passion, skills, resources
- ▶ Patient Priority Care Research,
 - ▶ Function, Cognition, ADL, Well-being

YOU ARE UNIQUE, VALUABLE and SPECIAL



ClinSTAR Opportunities

Leadership Core	Mentoring/Career Dev	Research and Resources
Tom Gill, Yale	Kristine Yaffee, UCSF	Jeremy Walston, Johns Hopkins
Webinars/Annual Mtg (w Beeson)	Build ClinSTAR and mentor database and network	Share aging information, resources and tools
Leadership and Communications strategies	Compile inventory of existing mentoring resources	Annual Pilot Awards, collaborative and planning grants
Outreach to other aging groups and networks	Tools for career building skills	Promote activities in high priority areas
Program evaluation	Support/dev Interest Gps	Mini-Sabbaticals
Distinguished Professor Program	Lecture/symposia Series	Provide access to expertise on study conceptualization and design
AGS Specialties Section	Visiting Professor Travel Fund	Integration of data management and biostatistics into research design
		Centralized repository for aging-related research resources