Clin-STAR Annual Meeting
Loews Coronado Bay Resort, San Diego, CA
November 15–17, 2022

All Sessions marked Virtual below can be accessed through
https://us02web.zoom.us/j/85606997555?pwd=a0daeC95bGptT0RTV3o2S3dzeUdhZz09

Tuesday, November 15, 2022

3:00–4:00 pm  Registration
Aurora Foyer

4:00–5:00 pm  Speed Networking  (Scholars only)
Meeting colleagues from other disciplines can spark a new research idea or open the door to a solution to a problem that has seemed intractable. Each ‘meeting’ is no longer than 3 minutes. (Please note that participants in this session will not meet everyone.) Below are some suggested conversation starters:
• What is your top research interest?
• What expertise are you looking for in a research partner?
• What can you offer a research partner?

5:30–7:30 pm  Dinner with Themed Networking by table (see assignments)
Bay Terrace

Wednesday, November 16, 2022

7:15–8:45 am  Breakfast – grab and go
Constellation Foyer  A private meeting of the Clin-STAR External Advisory Committee Meeting will take place in Avalon, 7:30 – 8:30 am

8:45 – 9:00 am  Introductory remarks
Thomas M. Gill, MD
Humana Foundation Professor of Medicine (Geriatrics) and Professor of Epidemiology (Chronic Diseases) and of Investigative Medicine, Yale School of Medicine
Chair, Clin-STAR Leadership Core
Wednesday, November 16, 2022 (continued)

9:00–9:30 am

Keynote Address:

“Don’t Bounce Back Like I Used To: Age-related Changes in Resilience”

Introduced by Mina S. Sedrak, MD, MS

Heather E. Whitson, MD, MHS
Director, Duke Aging Center
Professor of Medicine (Geriatrics), Ophthalmology, Head & Neck Surgery and Communication Sciences
Duke University School of Medicine

9:30–11:00 am

The Science of Resilience: Innovative Approaches Across Disciplines

Moderator: Katie J. Schenning, MD, MPH, MCR

NIA Perspective: Resilience as a Research Priority
Basil Eldadah, MD, PhD
Supervisory Medical Officer
Division of Geriatrics and Clinical Gerontology
National Institute on Aging

Biological Measures of Resilience
Jeremy D. Walston, MD
Raymond and Anna Lublin Professor of Geriatric Medicine & Gerontology
Deputy Director, Division of Geriatric Medicine and Gerontology
Professor of Medicine and Oncology
Johns Hopkins Medicine

Physical Resilience and Conceptual Models
Heather E. Whitson, MD
See above

Cognitive Resilience
Carol A. Barnes, PhD
Regents' Professor, Psychology, Neurology and Neuroscience
Evelyn F. McKnight Chair for Learning and Memory in Aging
University of Arizona

Exposome as a Stressor in the Study of Resilience
Amy J.H. Kind, MD, PhD
Associate Dean for Social Health Sciences and Programs
Professor, Department of Medicine
University of Wisconsin School of Medicine and Public Health

11:00–11:15 am

Break
Wednesday, November 16, 2022 (continued)

11:15 am–12:45 pm  Data Blitz! (see assignments)

   Group 1 – Avalon  
   Group 2 – Britannia  
   Group 3 – Cambria  
   Group 4 – Lenore  
   Group 5 – Constellation

12:45–2:00 pm  Lunch (on own)

2:00–3:15 pm  Geriatric Assessment – Toolbox for Researchers
   Constellation  Moderator: Shakira J. Grant, MBBS  
   [VIRTUAL]

   Physical Function
   Thomas M. Gill, MD
   Humana Foundation Professor of Medicine (Geriatrics) and Professor of
   Epidemiology (Chronic Diseases) and of Investigative Medicine,
   Yale School of Medicine

   Frailty
   Sara E. Espinoza, MD, MSc
   Professor and Associate Chief for Research
   Dr. F. Carter Pannill, Jr. Professor of Internal Medicine
   Barshop Institute, UT Health San Antonio

   Cognitive Function/Depression
   Angela L. Jefferson, PhD
   Herbert O. and Vineta Christopher Director in Alzheimer's Disease
   Director, Vanderbilt Memory and Alzheimer's Center
   Professor of Neurology, Vice Chair, Scientific Strategy & Innovation
   Department of Neurology, Vanderbilt University

3:15–3:30 pm  Break

3:30–4:45 pm  Career Development Sessions (see assignments)

   Shark Tank – Constellation

   Aims Pages
   Aims Group 1 – Britannia
   Aims Group 2 – Cambria
   Aims Group 3 – Lenore

   Consultancies
   Group 1 – Avalon
   Group 2 – Avalon Foyer
   Group 3 – Sunset
Start of the Beeson Annual Meeting with the Clin-STAR meeting

4:45–5:45 pm
Registration/Reception
Constellation Foyer and Terrace

5:45–7:00 pm
Welcome, Introduction of New Scholars and Keynote Address
Constellation
[VIRTUAL]

Steven N. Austad, PhD
Interim Chair, AFAR
Distinguished Professor and Protective Life Endowed Chair in Healthy Aging Research, Department of Biology
University of Alabama at Birmingham

Amy S. Kelley, MD, MSHS
Deputy Director, National Institute on Aging
2012 Beeson Scholar

Kristine Yaffe, MD
Professor of Psychiatry, Neurology and Epidemiology, Psychiatry
University of California, San Francisco Weill Institute for Neurosciences
Beeson Program Advisory Committee; 2001 Beeson Scholar

Robin Barr Keynote Address
"Being an Iconoclast"
Steven R. Cummings, MD
Director, San Francisco Coordinating Center
Professor of Medicine, Epidemiology and Biostatistics, Emeritus
University of California, San Francisco

7:00–9:00 pm
Dinner
Marina Terrace

Thursday, November 17, 2022

7:00–9:00 am
Breakfast
Avalon

7:30–8:00 am
‘Office Hours’ (see assignments)
Office Hours connects early career clinician-scientists with Beeson scholars for one-on-one, confidential conversations about career development in aging research. [meet in Avalon]
Thursday, November 17, 2022 (continued)

8:00–9:00 am Speed Networking – Beeson Scholars only
Constellation

9:00–9:15 am Break

9:15–10:45 am Challenges and Strategies to Designing and Managing Successful Longevity Clinical Research, Including Clinical Trials
[VIRTUAL]
Moderator: Carolyn Seib, MD, MAS

Steven R. Cummings, MD
Director, San Francisco Coordinating Center
Professor of Medicine, Epidemiology and Biostatistics, Emeritus
University of California, San Francisco

Anne B. Newman, MD, MPH
Clinical Director, Aging Institute, University of Pittsburgh/UPMC
Distinguished Professor of Epidemiology, University of Pittsburgh

Sofiya Milman, MD, MS (2015 Beeson)
Associate Professor of Medicine and Genetics
Institute for Aging Research
Albert Einstein College of Medicine

10:45–11:15 am Break

11:15 am–12:15 pm Graduating Beeson Scholars Presentations
[VIRTUAL]
Introductions: Alison Moore, MD, MPH (1998 Beeson)

Nathan Brummel, MD (2016 Beeson)
The Ohio State University

Anthony (Tony) Rosen, MD, MPH (2016 Beeson)
Weill Cornell Medicine

Caroline Stephens, PhD, GNP, FAAN (2017 Beeson)
The University of Utah

Jonathan Graff-Radford, MD (2017 Beeson)
Mayo Clinic

CLIN-STAR MEETING ADJOURNS
(lunch on own unless also a Beeson Meeting participant)