



**Clin-STAR Annual Meeting**  
Loews Coronado Bay Resort, San Diego, CA  
November 15–17, 2022

All Sessions marked Virtual below can be accessed through  
<https://us02web.zoom.us/j/85606997555?pwd=a0daeC9SbGptT0RTV3o2S3dzeUdhZz09>

**Tuesday, November 15, 2022**

**3:00–4:00 pm**                      **Registration**  
*Aurora Foyer*

**4:00–5:00 pm**                      **Speed Networking** (Scholars only)  
*Aurora*  
*Meeting colleagues from other disciplines can spark a new research idea or open the door to a solution to a problem that has seemed intractable. Each 'meeting' is no longer than 3 minutes. (Please note that participants in this session will not meet everyone.) Below are some suggested conversation starters:*

- What is your top research interest?
- What expertise are you looking for in a research partner?
- What can you offer a research partner?

**5:30–7:30 pm**                      **Dinner with Themed Networking by table (see assignments)**  
*Bay Terrace*

**Wednesday, November 16, 2022**

**7:15–8:45 am**                      **Breakfast – grab and go**  
*Constellation Foyer*    *A private meeting of the Clin-STAR External Advisory Committee Meeting will take place in Avalon, 7:30 – 8:30 am*

**8:45 – 9:00 am**                      **Introductory remarks**  
*Constellation*  
**[Thomas M. Gill, MD](#)**  
Humana Foundation Professor of Medicine (Geriatrics) and Professor of Epidemiology (Chronic Diseases) and of Investigative Medicine, Yale School of Medicine  
Chair, Clin-STAR Leadership Core

## Wednesday, November 16, 2022 (continued)

9:00–9:30 am

*Constellation*

[VIRTUAL]

**Keynote Address:**

*“I Don’t Bounce Back Like I Used To: Age-related Changes in Resilience”*

Introduced by [Mina S. Sedrak, MD, MS](#)

[Heather E. Whitson, MD, MHS](#)

Director, Duke Aging Center

Professor of Medicine (Geriatrics), Ophthalmology, Head & Neck Surgery  
and Communication Sciences

Duke University School of Medicine

9:30–11:00 am

[VIRTUAL]

**The Science of Resilience: Innovative Approaches Across Disciplines**

Moderator: [Katie J. Schenning, MD, MPH, MCR](#)

**NIA Perspective: Resilience as a Research Priority**

[Basil Eldadah, MD, PhD](#)

Supervisory Medical Officer

Division of Geriatrics and Clinical Gerontology

National Institute on Aging

**Biological Measures of Resilience**

[Jeremy D. Walston, MD](#)

Raymond and Anna Lublin Professor of Geriatric Medicine & Gerontology

Deputy Director, Division of Geriatric Medicine and Gerontology

Professor of Medicine and Oncology

Johns Hopkins Medicine

**Physical Resilience and Conceptual Models**

[Heather E. Whitson, MD](#)

*See above*

**Cognitive Resilience**

[Carol A. Barnes, PhD](#)

Regents' Professor, Psychology, Neurology and Neuroscience

Evelyn F. McKnight Chair for Learning and Memory in Aging

University of Arizona

**Exposome as a Stressor in the Study of Resilience**

[Amy J.H. Kind, MD, PhD](#)

Associate Dean for Social Health Sciences and Programs

Professor, Department of Medicine

University of Wisconsin School of Medicine and Public Health

11:00–11:15 am

**Break**

## Wednesday, November 16, 2022 (continued)

11:15 am–12:45 pm **Data Blitz! (see assignments)**

**Group 1 – Avalon**  
**Group 2 – Britannia**  
**Group 3 – Cambria**  
**Group 4 – Lenore**  
**Group 5 – Constellation**

12:45–2:00 pm **Lunch (on own)**

2:00–3:15 pm **Geriatric Assessment – Toolbox for Researchers**

*Constellation*  
*Moderator: [Shakira J. Grant, MBBS](#)*

**[VIRTUAL]**

### **Physical Function**

[Thomas M. Gill, MD](#)

Humana Foundation Professor of Medicine (Geriatrics) and Professor of Epidemiology (Chronic Diseases) and of Investigative Medicine, Yale School of Medicine

### **Frailty**

[Sara E. Espinoza, MD, MSc](#)

Professor and Associate Chief for Research  
Dr. F. Carter Pannill, Jr. Professor of Internal Medicine  
Barshop Institute, UT Health San Antonio

### **Cognitive Function/Depression**

[Angela L. Jefferson, PhD](#)

Herbert O. and Vineta Christopher Director in Alzheimer's Disease  
Director, Vanderbilt Memory and Alzheimer's Center  
Professor of Neurology, Vice Chair, Scientific Strategy & Innovation  
Department of Neurology, Vanderbilt University

3:15–3:30 pm **Break**

3:30–4:45 pm **Career Development Sessions (see assignments)**

**Shark Tank – Constellation**

### **Aims Pages**

Aims Group 1 – Britannia  
Aims Group 2 – Cambria  
Aims Group 3 – Lenore

### **Consultancies**

Group 1 – Avalon  
Group 2 – Avalon Foyer  
Group 3 – Sunset

Wednesday, November 16, 2022 (continued)

## Start of the Beeson Annual Meeting with the Clin-STAR meeting

4:45–5:45 pm  
*Constellation Foyer  
and Terrace*

**Registration/Reception**

5:45–7:00 pm  
*Constellation*

**[VIRTUAL]**

**Welcome, Introduction of New Scholars and Keynote Address**

[Steven N. Austad, PhD](#)

Interim Chair, AFAR

Distinguished Professor and Protective Life Endowed Chair in  
Healthy Aging Research, Department of Biology  
University of Alabama at Birmingham

[Amy S. Kelley, MD, MSHS](#)

Deputy Director, National Institute on Aging  
2012 Beeson Scholar

[Kristine Yaffe, MD](#)

Professor of Psychiatry, Neurology and Epidemiology, Psychiatry  
University of California, San Francisco Weill Institute for  
Neurosciences  
Beeson Program Advisory Committee; 2001 Beeson Scholar

***Robin Barr Keynote Address***

**"Being an Iconoclast"**

[Steven R. Cummings, MD](#)

Director, San Francisco Coordinating Center  
Professor of Medicine, Epidemiology and Biostatistics, Emeritus  
University of California, San Francisco

7:00–9:00 pm  
*Marina Terrace*

**Dinner**

Thursday, November 17, 2022

7:00–9:00 am  
*Avalon*

**Breakfast**

7:30–8:00 am

**'Office Hours' (see assignments)**

Office Hours connects early career clinician-scientists with Beeson scholars for one-on-one, confidential conversations about career development in aging research. [*meet in Avalon*]

**Thursday, November 17, 2022 (continued)**

**8:00–9:00 am**  
*Constellation*

**Speed Networking – Beeson Scholars only**

**9:00–9:15 am**

**Break**

**9:15–10:45 am**  
*Constellation*

**Challenges and Strategies to Designing and Managing Successful Longevity Clinical Research, Including Clinical Trials**

**[VIRTUAL]**

*Moderator: [Carolyn Seib, MD, MAS](#)*

**[Steven R. Cummings, MD](#)**

Director, San Francisco Coordinating Center  
Professor of Medicine, Epidemiology and Biostatistics, Emeritus  
University of California, San Francisco

**[Anne B. Newman, MD, MPH](#)**

Clinical Director, Aging Institute, University of Pittsburgh/UPMC  
Distinguished Professor of Epidemiology, University of Pittsburgh

**[Sofiya Milman, MD, MS \(2015 Beeson\)](#)**

Associate Professor of Medicine and Genetics  
Institute for Aging Research  
Albert Einstein College of Medicine

**10:45–11:15 am**

**Break**

**11:15 am–12:15 pm**  
**[VIRTUAL]**

**Graduating Beeson Scholars Presentations**

*Introductions: [Alison Moore, MD, MPH \(1998 Beeson\)](#)*

**[Nathan Brummel, MD \(2016 Beeson\)](#)**

The Ohio State University

**[Anthony \(Tony\) Rosen, MD, MPH \(2016 Beeson\)](#)**

Weill Cornell Medicine

**[Caroline Stephens, PhD, GNP, FAAN \(2017 Beeson\)](#)**

The University of Utah

**[Jonathan Graff-Radford, MD \(2017 Beeson\)](#)**

Mayo Clinic

**CLIN-STAR MEETING ADJOURNS**

*(lunch on own unless also a Beeson Meeting participant)*